

ST. HELENS SENIOR CENTER – JULY 2023 ACTIVITIES

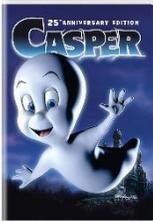


RENT SPACE AT THE SENIOR CENTER FOR YOUR NEXT
MEMORIAL EVENT! CALL 503-397-3377 FOR MORE
INFORMATION



Welcome Summer!!!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Happy New Fiscal Year! Thank you for all of your support in the year 2022-2023, we look forward to growing with you in this new year! Please Renew your membership and complete a new NAPIS form for the new year no later than JULY 31st, 2023. You can print off NAPIS forms from our website and mail it in with your membership dues & the form if it is more convenient for you. Encourage your entire family and their children to become members too, and invest in their community's center! Please see the front page of the newsletter for the mailing address and website.</p> <p>Thank you!</p>						1
2	3	4	5	6	7	8
<p>6PM SQUARE DANCING \$7</p>	<p>8:00 Billiards 9:00 Exercise class 9am Donut Baking 10:00 Art & painting Class/ Jumpsuit repair 6:00 Pinochle</p>	<p>BLOCK PARTY 12PM- 6PM</p> <p>Ace Hardware Grill opens Dunk Tank, Snow cones, 33' Bounce house & activities open Ringing of bells and Flag ceremony Beef Raffle winner announced Yankton store pie eating contest Enjoy crafts & vendors!</p>	<p>8:00 Billiards 9:00 Exercise class 9am Donut Baking 10:00 Tai Chi 10:00 Computers 10:00 Crafts/Jumpsuit repair 4:00 Yoga</p> <p>2:00-4:00 Schultz Financial Medicare & Social security courses in Conference</p> <p>Foot Care with Alisha</p>	<p>9am Donut Baking 12:00 Hand & Foot Card Game Game Play! 2pm (PS5, Board Games, Cards, Pool/Billiards, Darts!)</p> 	<p>9:00 Exercise class 9am Donut Baking 10:00 Bingo in craft room 10:00am John Pierra W/ NW Medicare Advisers. 11:00 NO BAND TODAY (Bluetooth Music) 12:15 speaker Amy Jo Jones Lightning From Brighton Hospice!</p> <p>3PM Cinema hour</p> <p>Legends of the Fall (1994)</p> <p>Black & White</p>	

<p>9</p> <p>6PM SQUARE DANCING: \$7</p>	<p>10</p> <p>8:00 Billiards 9:00 Board meeting 9:00 Exercise class 10:00 Annual Meeting 10:00 Art & painting Class/ Jumpsuit repair 1:00 Teddy Bear Story Hour @ Broadleaf 6:00 Pinochle</p>	<p>11</p> <p>9am Donut Baking 11:30 Senior belly dancers 12:00 Mexican train dominos game</p>	<p>12</p> <p>8:00 Billiards 9:00 Exercise class 9am Donut Baking 10:00 Tai Chi 10:00 Computers 10:00 Craft /Jumpsuit repair 4:00 Yoga</p> <p>Foot Care with Alisha</p>	<p>13</p> <p>9am Donut Baking 12:00 Hand & Foot Card Game Movie Showing: Casper (1995) 2pm</p> 	<p>14</p> <p>9:00 Exercise class 9am Donut Baking 10:00 Bingo 11:00 Band 11:00 Band & Root beer float 1:15 Line Dancing Possible Provided by Grocery Outlet St. Helens 3pm Variety Hour! (Karaoke & More!) Broach Day</p>	<p>15</p>		
<p>16</p> <p>6PM SQUARE DANCING \$7 *LONGVIEW BRIDGE CLOSE UNTIL 7/24/2023</p> 	<p>17</p> <p>8:00 Billiards 9:00 Exercise class 9am Donut Baking 10:00 Art & painting Class/ Jumpsuit repair 1:00 Teddy Bear Story Hour @ Broadleaf 6:00 Pinochle *</p>	<p>18</p> <p>8:30 Business Networking Meeting 9am Donut Baking 10:30 VFW meeting Billiards room 11:30 Senior belly dancers 12:00 Mexican train dominos game</p> <p>Foot Care with Alisha *</p>	<p>19</p> <p>8:00 Billiards 9:00 Exercise 9am Donut Baking 10:00 Tai Chi 10:00 Computers in conf. room. 10:00 Crafts/ Jumpsuit repair 4:00 Yoga Senior day at the fair! Sign up today for CC Rider at the receptionist desk! *</p>	<p>20</p> <p>9am Donut Baking 12:00 Hand & Foot Card Game Game Play! 2pm (PS5, Board Games, Cards, Pool/Billiards, Darts!) *</p> 	<p>21</p> <p>9:00 Exercise Class 9am Donut Baking 10:00 Bingo in craft room 11:00 Possible Band 1:15 Line Dancing CANCELLED BIRTHDAY CAKE Provided by Understanding My Medicare 3pm Cinema Hour Pitfall (1948) * Inside out Day (Support Dementia awareness!)</p>	<p>22</p>		
<p>23</p> <p>6PM * SQUARE DANCING \$7</p>	<p>30</p> <p>6PM SQUARE DANCING \$7</p>	<p>24</p> <p>8:00 Billiards 9:00 Exercise 9am Donut Baking 10:00 Art & painting Class /Jumpsuit repair 1:00 Teddy Bear Story Hour @ Broadleaf 6:00 Pinochle *LONGVIEW BRIDGE OPENS</p>	<p>31 8:00 Billiards 9:00 Exercise 9am Donut Baking 10:00 Art & painting Class /Jumpsuit repair 1:00 Teddy Bear Story Hour @ Broadleaf 6:00 Pinochle</p>	<p>25</p> <p>9am Donut Baking 12:00 Senior belly dancers 12:00 Mexican train dominos game</p> <p>11am-1pm SHIBA</p>	<p>26</p> <p>8:00 Billiards 9:00 Exercise class 9am Donut Baking 10:00 Tai Chi 10:00 Computers in conference room 10:00 Crafts Class/ repair jumpsuit 4:00 Yoga</p> <p>Foot Care with Alisha</p>	<p>27</p> <p>9am Donut Baking 12:00 Hand & Foot Card Game 1:00 Sudoku 12:15 Italian Soda Social w/ Shelly Lessard Bridlewood Insurance Movie Showing: Little Monsters (1989) 2pm</p> 	<p>28</p> <p>9:00 Exercise class 9am Donut Baking 10:00 Bingo in craft room 11:00 Band</p> <p>3pm Variety Hour (Karaoke & More!)</p> <p>Your Favorite Shirt Day!</p>	<p>29</p>